

## Prince George's County 7th District Youth Leadership Program



Are you entering 10th grade in 2021?

Do you aspire to be successful?

Do you want to help your community?

### Sample Topics Include:

- Mental Health & Wellness
- Conflict Resolution
- Effective Communication
- Healthy Relationships
- Stress Management
- Peer Pressure/Self-image
- Cultural Diversity
- Choices & Consequences
- Career Planning
- Financial Literacy

There will also be planned trips, activities and scholarships!

If you answered yes to the above questions, you're perfect for our 3-Year personal and professional development Youth Leadership Program that will...



**Develop and Enhance Leadership Skills**



**Enrich Mentoring Skills**



**Help Plan for College and a Career**

**Applications are due every spring for upcoming 10th graders. Check our website frequently for updates!**

**Call us at 301-499-8872 or visit [www.thetrainingsource.org](http://www.thetrainingsource.org) for more information about this program.**



## Prince George's County 7th District Youth Leadership Program Fact Sheet

### What is the Prince George's County 7th District Youth Leadership Program?

- A 3-year program designed to primarily assist students to make smart life choices, develop leadership and mentoring skills, complete high school and successfully transition to college or careers.
- Created as a vision of former Prince George's County Councilwoman Camille A. Exum (7th District).
- The program is supported by the Prince George's County Council and MNCPPC which has provided financial support for the program since its inception in 2004.

### Who Participates in the Prince George's County 7th District Youth Leadership Program?

- Each spring, 10 slots open up for 9th graders/rising 10th graders to apply for as our seniors graduate from high school. Through a competitive selection process, 10 high-potential youth are accepted into the program.
- Each fall, the new sophomores join the program and begin working with staff and rising juniors and seniors to begin an exciting leadership development year.

### How Does the Prince George's County 7th District Youth Leadership Program Work?

- The Youth Leadership Program operates during the school year, and sessions are at least once per month on Saturdays or school-closing days.
- As participants move from 10th to 11th to 12th grade, their involvement in planning and leadership increase.

### What is the Cost for the Prince George's County 7th District Youth Leadership Program?

- Due to our generous funding partners, Prince George's County Council and Maryland National Capital Park & Planning Commission, there is no cost for selected participants.
- Small fees may apply for activities planned by and/or for participants beyond scheduled session dates.

### What is Expected of Program Participants?

- Actively participate in scheduled program activities, and as many special activities as possible.
- Develop leadership characteristics and demonstrate those characteristics beyond program days to make an impact in their schools and communities.
- Make smart choices, complete high school, and pursue a college education or career-level employment.
- Be leaders who are **"Engineered for Excellence!"**

The Training Source, Inc. is a Standards For Excellence® accredited and GuideStar® Platinum rated training and development nonprofit organization.

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